

HTET

Healing Touch East Tennessee



Volume 4 Issue 3

September 2009

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In this Issue

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Humor

Healing Touch Classes in the Knoxville Area

Level 1, 2 & 3 Knoxville Sat/Sun Nov. 7/8 09

Margaret Leslie: Instructor Level 1

Instructor to be announced: Level 2

Mary Ann Geoffrey: Instructor Level 3

Register & for more information:

Contact: Margaret Leslie 865 607-0173

Margaret_Leslie@hotmail.com

HTET August Meeting News

Dr. Suzanne Jonas captivated an audience of 22 members and friends with an informative presentation on heart math. It was amazing to see visual proof of the effects of anger on the heart.

Helpful suggestions included:

1. Recognize stress
2. Take time out & stop stress response
3. Breathe
4. Focus on the heart by activating a sincere heart loving feeling
5. Find a more efficient response

A healthy philosophy would include:

1. No blaming
2. No fault finding
3. Don't complain
4. No delaying - taking action (find a healthier response)

Most interesting was the information presented on the left/right brain activity during stressful times where we can't make a decision - the corpus coliseum area of the brain may be backed up -too much going on, very similar to a traffic jam.

The benefits of quieting down, resting and creating preferred responses was most helpful.

Participants filled out a questionnaire:

The Heart Energy Amplitude Recognition Test - quickly we found our stress reactions.

Thanks Dr. Jonas for showing us a better way.

CALENDER OF EVENTS

2009 HTET Membership Meetings Thursdays 6-8pm

Church of the Good Samaritan 425 N. Cedar Bluff Road, Knoxville, TN 37912

Bring an interested friend *Light Snacks Served*

Meeting Format: 6-6:30 Member info/updates/sharing

6:30 - 7:40 Guest Presenter

7:40 - 8:00 Energy Healing experience

October 3 Spa Day Saturday - from 11 am until dusk - open to members & friends of HTET

Network/visit with friends, relax, renew & have fun. Boat ride

Benefit HTET by sharing your skills/talents. Receive a healing session.

Note: HTET Board Meeting will be held October 3 @ SPA day

1. Bring a dish to share

2. Optional \$5 contribution to benefit HTET - for each Healing Session received

RSVP: Connie Williams rpw37705@att.net 865 494-5180

Who will attend? Willing to share healing modality? What type?

Directions: Map Quest: 216 Kiowa Point Loudon, TN 37774 or

E-mail Connie Williams to request directions

October 29 SACRED SHARING CIRCLE - INSPIRATIONAL MEETING 6 - 8 pm

Location: Church of Good Samaritan (listed above under Calendar of Events)

Bring your healing stories so we can learn from and be inspired by each other. Share how you helped others or received healing through the use of Healing Touch. We will end with a Healing Circle of H.T.

Bring your business/networking information to share. Display table will be available

December 3 Holiday Party - Election of New Officers - FunDraiser - Membership Drive

6 - 8 pm Oasis Center 4928 Homberg Drive, Knoxville TN 37919

Please bring a finger food or appetizer to share

Donate a gift or service, homemade or store bought, or nice white elephant from the attic

Tickets will be available for a drawing on each item. Surprise drawing from all tickets.

You do not have to donate anything to attend the party - share in the fun.

Historian News

Margaret Lesch, historian of HTET is continuing to work on the history book of the organization. Please submit any items you have by November 15, 2009.

The updated history book will be available at the Dec. 03 meeting.

Forward items to:

Margaret@the lesches.com

Margaret Lesch, 2324 Dawns Pass, Knoxville TN 37919

These items can include but not limited to: pictures of meetings, events attended, healing activities.

Member Highlights

Updates on Board Members

This year Connie Williams who served on the board as newsletter editor and secretary announced her resignation in June due to health challenges. It was a difficult decision for her. Connie stated that she loved her involvement with the organization, friends and newsletter. Good news is that Connie plans to continue to actively be involved in HTET and is serving as a master volunteer, assisting with this edition of the newsletter.

It was Connie's idea to serve up "Humor in Healing" as the focus of this issue. The articles on humor come directly from Connie - hot off the press.

Many thanks to Connie for her major contribution as newsletter editor and her continued support of HTET.

Meet HTET's Newest Board Member

Chriss Lackey was elected to serve as Secretary of HTET at the August Board meeting.

Chriss Lackey comes to us from eastern North Carolina with a background in emergency medicine, bodywork and her favorite; energy work. She has an associate degree in animal medicine and a BS in environmental science.

Married to a loving and supportive husband, she has 2 beautiful young girls ages 10 & 11, and 4 other furred children in the form of 2 cats & 2 dogs. This mix keeps her very busy. Chriss temporarily resides in Kingston, TN until the farm can be built in Ten Mile, Tn.

Chriss started energy work 15 years ago when she was certified in Life Breath Transformational Breathing. This came about during her years of studying martial arts in Maine. One of the martial arts masters she worked with was also a master breath worker and introduced her to the world of energy work.

The family moved to North Carolina where she continued to do energy work part time and eventually moved into a job where she was able to get back into

energy work full time. This decided her future path for her.

Chriss and her family moved to Tennessee when her husband retired this past fall. They chose Tennessee because they felt the need to move closer to family (parents and a sister). Through fate she found Healing Touch of East Tennessee and shortly thereafter began instruction and completion of the Level 1 Healing Touch class.

At present, Chriss is working out of Migun of Tennessee in Knoxville doing Transformational Breath Work enhanced with some techniques she learned in Healing Touch. She looks forward to completing the Healing Touch Program and perhaps working in hospitals or private practice.

Chriss agreed to serve as Secretary of HTET, generously volunteering her time.

Certification News

Congratulations to **Lisa Johnson, RN, BSN, HTA** who recently finished the Basic Healing Touch Spiritual Ministry program and is awaiting her official practitioner certificate. Future plans include Advanced Practice HTSM certification.

Currently Lisa is a Healing Touch Apprentice, working on completing the Healing Touch Program. She will attend HT Level 5 in November and apply for certification with the HTP.

Her involvement with HTSM is well supported by her pastor at the Faith Lutheran Church in Farragut. The pastor is starting monthly healing services in September and wishes to include Lisa. As quoted by Lisa, "I am very happy".

Lisa authored an article about Healing Touch, titled "*Wave of the Future*". The article was published in the East Tennessee Mountain Views newspaper this summer. Parts of it are now being used by a practitioner in Maryland. If you would like a copy, e-mail Lisa @ Exmox@aol.com

Consider a HTET Board position

Message from Mary Ann Geoffrey, President HTET
My two year term as president expires this December. It has been a rewarding time providing service to the HTET organization. **The office of president is open for the 2010/2011 period.** The list of duties of this office as described in the HTET bylaws is outlined below:

- . preside at all meetings
- . acts as official spokesperson of HTET
- . liaison between HTET & other affiliates
- . carries out day to day operations of HTET subject to discretion of the Board - for example, arranging speakers
- . directs the formulation of annual goals/objectives
- . appoints & provides committees with goals/directions
- . acts as a resource person

Thanks to a wonderful team of board members, these tasks are accomplished with plenty of help and support.

It isn't as difficult as it looks - but yes, I admit it did take time. I also had to grow to fit into bigger shoes. There were days I wanted to go to the beach and eat bon bons instead of volunteering. (Yes - I did eat the bon bons!)

I found it was a growth opportunity to develop under utilized skills, keep in touch with a great group of friends, meet new people, encourage others and help with the continued growth of HTET.

It was important to me to help keep Janet Mentgen's, (founder of Healing Touch) vision alive of "Having a Healer in every Home".

Come on - volunteer. It's someone else's turn.

HTET needs a Newsletter Editor

Connie Williams and Mary Ann Geoffrey are serving as volunteer editors for this issue. Please consider volunteering for this joyful task. Imagine being the bee that delivers honey to all those other busy bees. You can do it with words - it's fun. Connie will be happy to mentor anyone who is considering this position on the board.

Consider Board Member @ Large position

It is a great way to assist members of the Board in special projects & get involved with the organization.

Interested in a Board Position? Contact:

Linda Sharp, V.P. @ (865) 660-4832
to indicate your interest. President, Newsletter Editor or Board Member@Large.

Healing Touch Worldwide Conference 2009

Report by Margaret Leslie

The Conference was fantastic! Everything felt 'in sync' and flowed smoothly. The keynotes were great, informative and the breakouts incredible. The vendors had exciting, beautiful, useful, scientific, awesome, booth's. (Ask Kate Petree—she worked in the ISHA booth) And humor? There was much! The Research Chair was great and had everyone in stitches! Lundy Amos who has attended workshops here, and is a Certified Laughter Facilitator formed a group and did a laughter presentation (audience participation required) as part of the talent show. Laughter and joy were everywhere!

I attended the Instructor meeting along with 76 other instructors. (We missed you, Mary Ann!) The organization is really on the ball with the publications and marketing materials. Everything is so professional! One very exciting happening is that Jana Moll is working with the HTP office to apply for national accreditation in the medical field!!! They hope to obtain this within 2 years—it is a long, involved and expensive process. When obtained HT will be the only energy modality with an educational program that is accredited. What does this mean? It means everyone who becomes a certified practitioner will be able to indicate that they graduated from a nationally accredited program—important in medical facilities! It means more credibility in the medical world! When asked how much this was going to cost HTP, it was estimated \$30,000. A big sigh! Then one of the instructors stood up and said, "\$30,000 sounds like a lot but \$100 from 300 people is not as overwhelming." People began taking their \$100 checks to Lisa Mentgen Gordon in support of the plan!!!

The keynote by Jean Watson of the CARE program was inspiring. HTP has aligned with her Caring Science/Caring Heart program and research. Linda

Smith did an excellent job with 'Soft-Sell Marketing' Your Healing Practice'. She gave each participant many innovative ideas for embracing abundance and (over 250 people) a vial of Abundance essential oil! Carol Komitor and Susan Wagner, DVM did a beautiful presentation about 'What Animals teach us about Healing!' [Note: I do have the MP3F files from the convention if anyone is interested in listening to them.]

Kathy Moreland Layte from Canada is the Chairperson of the Research Committee (by the way, they are looking for interested members). She was brilliant; entertaining as well as excellent in her presentation about the different types of research out there and what 'works' to have institutions recognize the value of HT. She is a very gifted person.

Another new piece was the unveiling of a HT book for children. There is interest in developing a comprehensive program for children and a committee was formed (again a very gifted and enthusiastic chair who is looking for interested members).

The breakout sessions were powerful. There will be a lot published about them in the next *Energy Magazine*. I really enjoyed the one from Cincinnati Children's Hospital: "Using Hearts and Hands to Heal the 'Little Ones'" The work there is awesome—every child in the surgical area has received HT for many years!

A very important part for me was the blending of HTP, HTA and HTSM for the highest good of all. All programs were treated with respect and dignity! It was wonderful to see the heartfelt embracing of the 'Elders' of HT of the 3 programs—maintaining their individuality and acknowledging their importance in being unified. [Guess what? We are honored to have one of those Elders in our midst—Mary Ann Geoffrey!]

Consider saving your pennies to attend next year! It is definitely worth it.

"Featured Book Review"

by Joyce Beckley

The Power of Now - A Guide to Spiritual Enlightenment by Eckhart Tolle

This book is written in a Q & A format. I did not think I would like that style but I found it perfect for the

scope and intensity of the topic. Tolle presents many questions I want to have answers to, and many I did not yet realize I needed. His answers are complete and real. There is nothing superficial about the content....it is the real deal.

He starts with helping us see that we have a strong identification with our minds, which causes "thought" to be compulsive. We simply cannot stop thinking...and it is an "affliction" that almost everyone is not being present in the "Now". We live old tapes over and over again. He explains that we think that "thinking" is being....and he says it is not. Only "being" is being. To begin to move away from this tendency he says to become present as the "watcher of your mind". Notice what the mind spends time on, how those thoughts create emotions, how emotion and thought drive action. Is it serving our higher purpose or simply causing us to spin our wheels and get lost in our own "reality"?

Why suffering? Because it causes us to realize that the key to forward movement is to focus on the "inner body". He states, "So to inhabit the body is to feel the body from within, to feel life inside the body and thereby come to know that you are beyond the outer form." He refers to this as "...your natural state of connectedness with Being".

I am only one-half way through this book but have found a very slow pace better for digesting the content. It is an easy read, but harder to really grasp onto a process of integrating the recommendations into my life. It is well worth the time....

Educational Opportunities

Read on for viewpoints & classes as expressed by members & friends of HTET

Why Breathe?

by Chriss Lackey

Transformational Breathing encourages the practitioner to open their breathing through deep, diaphragmatic breathing for a focused amount of time. It allows us to become more aware of our need for healthy breathing and of how stress affects us.

Breathing is a tangible way for us to connect with our higher selves and the world around us. The quality of our breath reflects this.

The world around us is mostly made up of energy (Qi or chi or prana). This has been substantiated through the exciting world of quantum physics. Through deep, proper breathing we expand and enlarge our intake of this life force energy.

Throughout our lives we encounter trauma either physical or mental/emotional. As our lives speed faster and faster it rarely allows us the opportunity to work through these traumas. These suppressed energies become locked and rooted within our mind, body and spirit. These concealed experiences decrease the amount of life energy flow through the body, thereby disrupting our natural biorhythms. Many times this suppression manifests itself as "dis-ease" within the body and mind.

Transformational Breathing unlocks these trapped or stuck energies within us through the intake of large amounts of life force energy. Through this release we come to discover our true selves and our true potential. Transformational Breathing allows us to feel more happiness, joy, and abundance!

Chriss Lackey is currently conducting group breathing classes @ Migun of Tennessee in Farragut next to the Fresh Market on Wednesdays from 6-8pm through the month of September

For more information contact Chriss @ 865-438-6640 or energyworkstoday.com

CHEO Share Day

by Chriss Lackey

I was honored to be a presenter in August at this year's Greater Knoxville Summer Social, Potluck and Specialty Share Day held at Diane Minch's spacious home in beautiful Rarity Bay. About 20 speakers presented to about 60 guests. This event was open to CHEO (Complimentary Health Education Organization) members and their guests to experience their peers' specialties, modalities, products and to network within the group. After a great potluck event, we had an opportunity to visit the presenter's booths.

Highlights and main presenters were:
Babaji, an amazing breath worker from Florida and Chris Cambell on ancient Tai Ji (energy of Chinese Calligraphy).

In addition, modalities such as Reikie, Kinesiology, Qi Gong, Aquaponic gardening, Nutritional Response Testing, Bach Flower remedies were included.

Because this is a wonderful opportunity to meet like-minded practitioners and gather information on alternative products, I encourage you to attend the Cheo functions.

CHEO is a non-profit educational organization supporting complementary and natural health practices for the betterment of the community. CHEO welcomes practitioners and non-professionals interested in complementary health education. CHEO believes collaboration between conventional and alternative healthcare providers facilitates optimal healthcare and enhances well-being. For more information go to www.4cheo.org

Joyce Petrak is a friend of the HTET organization and over the years has worked tirelessly to "promote wellness". She brings expertise to the below listed class.

A 15 hour Certification class in Bach and Flower Remedies: Sept. 19 -20, Lenoir City. \$110 includes text. (CU credits through Charles West)

This is a "hands on" workshop so all students will be practitioners (at least for themselves and their families). Learn how Remedies can help heal negative emotions promoting wellness.

Presenter: Joyce (Dr. Joy) Petrak, DCH, has used the remedies since 1980 and has given lectures and workshops for hundreds. She wrote one of the few humorous books in the wellness field: "Bach Flower Remedies: Humor to Remember Them ... or First, Get the Elephant Off Your Foot. Since laughter is the best medicine, Joy insists students bring their sense of humor for the fun class. Call her at 865-988-3211 for information. www.joycepetrak.com

Remedies help children, animals and plants, none of whom have a belief system in them. Learn how to prepare formulas; how to decide which are needed and when to use Rescue.

A Happening in Oak Ridge, TN

Soon to open will be the Aspen Health & Healing Center.

Marcia Childress, RN & Kristen Krieder, Massage Therapist, along with devoted volunteers worked all summer to get ready for the Grand Opening in September @ 119 Central Avenue in Jackson Square in Oak Ridge.

The Aspen Health and Healing Center has four treatment rooms that will be utilized by massage therapists, Healing Touch practitioners, cranial-sacral therapists, Reiki masters, a Quigong Healing practitioner, counselors, and others.

A center which supports the idea of complementary care will offer classes, training programs and develop a network of referrals with local medical providers that support stress reduction & health promotion.

Current health promotion classes to be provided are: on-going child-birth classes given by a certified child birth/breast feeding instructor, Emotional Freedom Technique, The Power of Self Esteem, The Power of Purpose, Becoming a Vegetarian, Eating for a Healthy Heart, and more.

There is also a modest movement studio which will include Yoga & Pilate's classes and much more.

If you have an interest in providing HT or other modalities at the center, contact Marcia for more information.

Marcia Childress can be reached at musenow1@yahoo.com (please put ASPEN in the subject line).

Humor in Healing

By Connie Williams

Doing the research for Humor in Healing has taken me in some interesting and unexpected directions. I have thoroughly enjoyed the adventure and hope you will enjoy the results.

First of all it might be helpful to define humor. Humor is the cognitive perception of playful incongruity.

According to Albert C. Bottari, PhD., F.B.H.A. in his article "Humor in Healing" humor is defined as "something that is or has the ability to be comical or amusing," and in the physiological definition, "it is fluid contained in the body such as blood or lymph."

Dr. Bottari goes on to say; "That the image you portray with your patients can be the difference between healing or hindering their recovery." Sadly, Dr. Bottari indicates that "In general however, doctors are less inclined to use humor, because most of them have 'white coat syndrome' and stiff shirts and ties. Nurses and other professional use all their talents. In physician medical circles the concept of therapeutic humor is progressing very slowly, because HUMOR does NOT have a NAME! Something that helps heal people MUST HAVE A NAME that is difficult to pronounce or it AINT gonna work! It is the responsibility of the Healthcare Practitioners, the nurses, the doctors, and all allied healthcare givers to entertain and amuse the patient while God does the healing." I like Dr. Bottari's attitude and sense of humor!

Now I would like to touch upon the physical, physiological and psychological research findings that prove humor can not only enhance our lives, but also improves our health in very specific ways.

According to the **Association for Applied and Therapeutic Humor** (www.aath.org) "What Everyone Should Know About Humor and Laughter" by Ron Berk, PhD-The John Hopkins University Humor: (when used appropriately and sensitively) 1.) Reduces stress, anxiety and tension 2.) Promotes psychological well-being 3.) Raises self-esteem 4.) Enhances memory (for humorous information) Mirth: 1.) Increases pain tolerance 2.) Elevates mood 3.) Counteracts depression and anxiety Laughter: 1.) Is contagious 2.) Exercises respiratory muscles Steve Sultanoff is the president of AATH and a psychologist who feels that humor changes our emotional state, our perspective on life and, through laughter, our physiological state.

This is not a new idea because in the Bible it states, "A merry heart doeth good like a medicine." Dr. Sultanoff also has his own Web page Therapeutic Humor with Steve (www.humormatters.com).

There are several Web Sites related to Humor in Healing. International Institute of Humor and Healing Arts (HaHa Institute) www.haha.com HaHa Institute

is the brainchild of comedienne and humorist Karen Williams. Her mission is to encourage the fullest and highest activation of human potential for compassion, wisdom, and life force through the daily use of humor and healing arts. The healing arts component includes: optimal health planning, nutrition, exercise, massage and Healing Touch, aromatherapy, and spiritual practices.

The Laughter Remedy (www.laughterremedy.com) was created by Paul E. McGhee. Dr. McGhee is a pioneer in humor research and is the author of over fifty scientific articles and thirteen books on humor. The Laughter Remedy provides 1.) information (based on latest research) about how humor contributes to health; and 2.) the tools needed by individuals, corporations, and healthcare organizations to obtain the benefits of humor. He has also developed the "Hands on Humor Skills Training Program" that shows how to develop basic skills needed in order to use humor as a coping skill.

Other sites of interest include:

Laughter Heals Foundation (www.laughterheals.org)
Wirehead Hedonism versus paradise engineering (www.wireheading.com) I think a little information is needed here! *"If it was possible to become free of negative emotions by a riskless implementation of an electrode-without impairing intelligence and the critical mind-I would be the first patient."* Dalai Lama (Society for Neuroscience Congress. Nov. 2005)
American School of Laughter Yoga (www.laughangeles.com)
The International Society for Humor Studies (www.hnu.edu)

Here are a few jokes from www.humormatters.com
ENJOY!

Zen Sarcasm

- 1.) Do not walk behind me, for I may not lead. Do not walk ahead of me for I may not follow. Do not walk beside me either. In fact, just leave me the hell alone!
- 2.) The journey of a thousand miles begins with a broken fan belt and a leaky tire.
- 3.) It's always darkest before the dawn. So if you are going to steal your neighbor's newspaper, that's the time to do it.

- 4.) Always remember you are unique just like everyone else.
- 5.) Some days you're the bug; some days you're the windshield.

Hmmmm!



Only In America

- do banks leave both doors open and then chain the pens to the counters
- do they have drive up-ATM machines with Braille lettering
- do we leave cars worth thousands of dollars in the driveway and put our useless junk in the garage



Thank you everyone for sending in such wonderful articles!
Connie Williams and Mary Ann Geoffrey

**The Institute of Spiritual Healing & Aromatherapy programs:
Healing Touch Spiritual Ministry &
Certification in Clinical Aromatherapy**

[See www.ISHAhealing.com for newly added classes, more detail, & costs in 2009. You may now register ONLINE for HTSM and CCA courses!]

Note: 101, 102 or 103 may be taken out of sequence.

2009 HTSM Basic Program in Knoxville area

- HTSM 101
▶ Sept 21, 2009 Kate Petree
- HTSM 102 (one-day Anointing workshop)
▶ Sept 28, 2009 Kate Petree
- HTSM 103 (2 day class)
▶ Nov. 15-16, 2009 Margaret Leslie
- HTSM 104 (2 day class)
▶ August 22-23, 2009
- HTSM 105 (3 day class)
▶ October 9-11, 2009

2010 HTSM Basic Program in Knoxville area

- HTSM 101
▶ Feb 6, 2010 Kate Petree
- HTSM 102 (one-day Anointing workshop)
▶ Feb 7, 2010 Kate Petree
- HTSM 103 (2 day class)
▶ March 6-7, 2010 Margaret Leslie
- HTSM 104 (2 day class)
▶ August 21-23, 2010
- HTSM 105 (3 day class)
▶ October 1-3, 2010

2009 CCA in Knoxville

- HTSM 502 (3 hour class on Oils with Oncology Population)
▶ October 16 (1-4:15pm), 2009
- CCA 303 (2 ½ day class)
▶ October 16 (evening), 17, & 18, 2009 Deb Reis
- HTSM 503 Raindrop Class (8hr)
▶ Oct 19, 2009(Migun) Kate Petree

2010 CCA in Knoxville

- CCA 301 (2 ½ day class)
▶ October 16 (1-4:15pm), 2009
- CCA 302 (3 day class)
▶ October 16 (evening), 17, & 18, 2009 Linda Smith
- CCA 303 (2 ½ day class)
▶ Oct 19, 2009(Migun) Deb Reis

2010 HTSM Advanced Program in Knoxville

- [Make reservations through ISHA office @303-467-7829]
HTSM 201 (Review Day)
▶ January 21, 2010 Deb Reis & Claramae Webber
HTSM 202 (Part 1 of the Advanced Program)
▶ January 21-24, 2010
HTSM 203 (Part 2 and final course of the Advanced Program)
▶ January 21-24, 2010

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See *The Institute of Spiritual Healing and Aromatherapy* at [www.ISHAhealing.com](http://www.ISHAhealing.com) for additional information on Healing Touch Spiritual Ministry (HTSM) and the new Certification in Clinical Aromatherapy (CCA).

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Register online at www.ISHAhealing.com to receive *The ISHA Newsletter* providing the latest email news from the Institute.
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## Healing Touch Program

[See [www.HealingTouchProgram.com](http://www.HealingTouchProgram.com) for newly added classes, more detail, & costs in 2009.]

- 2009 HT Level I in East Tennessee**  
▶ November 7-8, 2009 Margaret Leslie
- 2009 HT Level II in East Tennessee**  
▶ November 7-8, 2009 TBA
- 2009 HT Level III in East Tennessee**  
▶ November 7-8, 2009 Mary Ann Geoffrey

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See www.HealingTouchProgram.com for more information on Healing Touch Program classes, activities & education.
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To join the **Healing Touch East Tennessee (HTET)** professional and educational organization [meeting in Knoxville bi-monthly] CONTACT:

Joyce Beckley at 423-638-3612 or [Jbecklev@wildblue.net](mailto:Jbecklev@wildblue.net).

See [www.HealingTouchETN.org](http://www.HealingTouchETN.org).

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For **Healing Touch Program** as well as **Healing Touch Spiritual Ministry** we have presentations with demonstrations and Q & A opportunities which we will customize for any group.

Classes can also be arranged to suit the needs of your group.
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**NOTE:** Continuing Education Contact Hours are given to RN's and LMT's for all classes in both the HTP and ISHA programs. Chaplains can also receive Continuing Education Contact Hours for classes.

FOR EVENT INFORMATION CONTACT: Margaret E. Leslie at  
[Margaret\\_Leslie@hotmail.com](mailto:Margaret_Leslie@hotmail.com) (865-607-0173)

Calendar created by Sharon Ann Koeth,  
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