

HTET

Healing Touch East Tennessee



Volume 4 Issue 1

March 2009

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Membership Corner

Membership Chair, Joyce Beckley

Greetings to all members and friends of Healing Touch East Tennessee! We thank those of you who have been diligent about renewing your membership dues! If you have not yet renewed your HTET membership, please do as soon as possible. It would be appreciated. Mail a \$35 check payable to HTET and send to: Joyce Beckley,

1375 Little Meadow Creek Rd., Greenville, TN 37743

We recognize that we are in difficult economic times and this may be when our organization can do the most good within our community. The \$35 membership fee is used to support meeting space in which we offer educational programs and networking opportunities, and covers the cost associated with the many health fairs and other similar community events that are sponsored by HTET. Volunteers work very hard to help educate the community about Healing Touch.

Membership funds are also used for conduct of the organization's business including supplies and postage associated with the mailings to HTET members. In short, membership fees allow us to help and educate the local community about Healing Touch and Healing Touch Spiritual Ministry. This year the Board of Directors is evaluating the benefits of making scholarship funds available.

Without your support both financially and through your direct involvement the organization cannot realize its mission. Thank you for being there to make our community stronger.

We would like to recognize and welcome the new members who have joined HTET - Lynn Anderson, Barbara Carr, Cathy Crawford, Teresa Lamb, Michelle Lane, Linda Lea, and Connie Williams (our newest Board member...thank you Connie!)

Plan to introduce yourselves at our next general meeting on 2/26/09 at the Church of the Good Samaritan.

Classes/Workshops

Healing Touch Classes in the Knoxville Area

Level 2-April 4/5 on beautiful Tellico Lake. Completion of Level 1 required. Contact Mary Ann Geoffrey @865 567 5634
thdtenn@charter.net

Healing Touch Classes held in Ashville, N.C.

Healing Touch Program Classes are also offered in Ashville, North Carolina.

Anne Boyd, HTCP/I, is an ordained minister, certified in Hypnotherapy and Dual Action Life Force Healing. She teaches many classes related to healing, including Shaman Journey workshops. Students are fortunate to study with this inspirational teacher and healer.

Level 2-April 4/5 Level 3- May 16/17

Contact Anne @ Homelight@aol.com 828 252 9419

Healing Touch Spiritual Ministry Classes

A complete listing of classes is included in this newsletter. Contact Margaret Leslie @ 865 607 0173
margaret_leslie@hotmail.com

SENTIO ERGO SUM

(Refer to Connie's Comments & Words of Wisdom)

CALENDER OF EVENTS

2009 HTET Membership Meetings Thursdays 6-8pm

Church of the Good Samaritan 425 N. Cedar Bluff Road, Knoxville, TN 37912

Bring an interested friend *Light Snacks Served*

Meeting Format: 6-6:30 Member info/updates/sharing

6:30 - 7:40 Guest Presenter

7:40 - 8:00 Energy Healing experience

- Feb. 26** **Benefits of Self Employment-Developing a Business - Put your healing skills to work and develop a business.**
Karen Drobot, LMT & tax preparer with H&R Block will present information on taxable deductions for the small business owner.
- April 30** **Quantum Touch & Healing Touch**
George Webber, M.D. will discuss benefits of integrative medicine, based on his personal experience with Quantum & Healing Touch. This is a great opportunity to hear firsthand from this remarkable surgeon. Dr. Webber has had a surgical practice in Knoxville beginning in 1975. Since 1998 he has been doing diagnostic and therapeutic surgery of the breast which is primarily for breast cancer patients. He became interested in energy healing several years ago when he discovered Quantum Touch and began using energy work with his patients as an adjunct to their surgery. He is continuing to develop Healing Touch skills. Recognizing that humans are body/mind/spirit, he feels it is best to blend other methods with standard western medicine. Dr. Webber is available for appointments for energy work. Don't miss out on this opportunity to hear his remarkable story and learn about the value of integrative medicine.
- June 25** **Healing Stories/Accomplishments/Updates/Healing - Time for Sharing**
Open format meeting - Invite to practitioners to bring their healing stories for sharing/discussion. This meeting will be very "inspirational". Don't miss out.
- August 27** **Topic & Speaker - To Be Determined**
- October 29** **Topic & Speaker - To Be Determined**
- Dec. 3** **Holiday Party, Election of New Officers and Fund Raiser @ Oasis Center**

Board Meetings

March 25, Wed, May 28, Thurs July, TBD Sept. 24, Thurs.

Community Events

March 13, 14, & 15, Woman Today Expo, Knoxville

Teresa Lamb from Migun TN graciously invited HTET to share her display table at this expo.

April 18, Saturday, Earth Fest @ Pellissippi State Technical College

Healing Touch demonstrations & information provided to the community.

Other Events

March 16, Monday 6-8pm Energy Circle at Migun TN. Refer to Teresa Lamb Article

SPA Day - Relax, Swim, Boat, Picnic, Healing & FunDraiser @ lake home of Mary Ann Geoffrey

For members and friends - To be scheduled

Member Highlights



Meet HTET's Newest Board Member

by Mary Ann Geoffrey

A big welcome to Connie Williams who agreed to serve on the board as secretary and newsletter editor. She has a great deal of enthusiasm for healing work and has a most interesting and diverse background.

Connie, born in Oakridge, TN on Feb. 24, 1949 received her B.S. in Child Development from U.T. During her fellowship she participated in research with Autism. Connie is married and while raising her son kept very busy as a volunteer. She worked as a life guard, taught Arthritis Water Exercise classes, ran swimming programs at Norris Dam State Park and was a Red Cross Water Safety Instructor Trainer. She also had a huge greenhouse, sold plants and while living on a farm Connie learned organic gardening.

The family raised cattle, goats, chickens and geese. Her friendly mischievous goat Alice could open her screen door and pop right into the kitchen. Eventually, Alice the friendly goat went to live with friends and eat the weeds and vines at the neighbor's house. Connie, a certified scuba driver, worked in a dive shop and also worked doing tax returns for a CPA. Her most recent employment was at ORAU (Oakridge Associated Universities) for The National Science Foundation Graduate Research Fellowship Program as Eligibility Manager. She eventually retired with disability.

Connie states that for the past 30 years she had a great interest in different levels of consciousness and is a voracious reader. While dealing with physical challenges and recently diagnosed with Ehler's Danlos syndrome, which is a condition of the joints & ligaments, she sought out complementary help and eventually was referred to Brenda Rasch for physical therapy. Thanks Brenda for introducing Connie to Healing Touch and encouraging her to take a Level 1 class.

I met Connie when I was instructing Level 1 in October and noticed her lack of energy at the beginning of the weekend. The entire class was impressed with how energetic she looked after receiving H.T. for the weekend. One month later, Connie repeated Level 1 with Vickie Slater. Connie states H.T. has definitely helped manage her pain levels.

The rest is history. She became a most enthusiastic supporter of healing work and decided to dedicate her next phase of volunteer work by giving a Big Helping Hand to HTET as a board member. Connie is a "woman of substance and great courage". I feel her own personal healing journey and experiences will touch the hearts of many. We are fortunate to have Connie join the team.

CERTIFICATION NEWS - CONGRATULATIONS!

Joyce Beckley, M.S., CHTP received certification as a Healing Touch Practitioner from HTI in December, 2008 after meeting all the criteria set by the certification board. Joyce worked very hard participating in a year long apprenticeship program under the guidance of her mentor, Sara Palmer, RN, CHTP from Banner Elk N.C. In addition, Joyce expresses appreciation to Mary Ann Geoffrey for guidance through the certification process. Joyce relocated to TN from Maine where she was a licensed massage therapist. A Human Resource professional for over 20 years, she also has a 3rd degree brown belt in martial arts. Joyce loves to bicycle, hike, organic garden and when she is feeling brave rides her mule up into Meadow Creek Mountains behind her house. She volunteers considerable time serving on the HTET board as membership chairperson. Congratulations Joyce on this remarkable achievement.

Kate Petree, BME, LMT, HTSM-CP/I, CCA and **Margaret Leslie MS, HTSM-CPI, CCA, LMT** received certification as Practitioners and Instructors in the Healing Touch Spiritual Ministry Program. These two pioneers are among the first to receive certification under the HTSM Program. November 2008 marked the beginning of the national certification process for HTSM which is open to students who have completed the 5 part practitioner program and the 2 part advanced practitioner program.

Kate Petree's dedication to pursuing the training in HTSM is commendable. She traveled to Hiawatha, Iowa and was the first in this area to take the Advanced Practitioner classes. When folks backed out of the Instructor training for the second time, Linda Smith, Program Director of HTSM, offered to teach the training for a class of one—Kate! Also, instructor observations and co-teaches were challenges for Kate as Hurricane Ike got in the way. Kate persevered through the many obstacles and is one of the first to complete the program. Congratulations Kate on this awesome achievement.

Margaret Leslie is known for her volunteer work and tireless dedication, bringing HTSM to the Knoxville area. She has provided workshops and educational experiences for those pursuing HTSM. Her skillful and enthusiastic approach to healing work has touched the lives of many people. Margaret donates considerable time serving as a Board Member at large with the HTET organization. HTSM certification achievement is another feather in her cap.

"Featured New HTET Member & Community Friend"

Teresa Lamb

Teresa Lamb, proprietor and owner of **Migun TN**, a health and wellness center in Farragut, TN next to the Fresh Market has been most helpful to the HTET organization. Migun is a trademark under Integrative Synergy Health & Wellness Center. Teresa has graciously provided opportunity to HTET by:

- Sharing her booth space at Woman Today Expo & other events at no cost to HTET
- Providing meeting space at her center
- Promoting integrative holistic & energy health care information
- Featuring HTET for the month of March @ Migun TN in Farragut.
- Evening Energy Circles open to the public free of charge

Teresa shares "her wisdom, resources and business know how" with the community. She is like the "energizer bunny" and never seems to run out of it while helping others succeed. Most likely this abundant energy in part can be attributed to the main product she carries in her business. Thermal Massage Beds, which are FDA approved and clinically tested, are widely used for health improvement in hospital, clinics & sports training facilities. The Migun method assists with circulation, metabolism, detoxification, muscular pain and relaxation.

Be sure to stop by & meet Teresa, a "remarkable & gracious lady". Visit her health and wellness center. Experience the benefits of the Thermal Massage Bed as often as you like. The center is packed with display items and Teresa willingly shares her story about health benefits.

Migun TN is located at 11533 Kingston Pike, next to the Fresh Market of Farragut. 865 671 0038.

**March 16, Monday 6-8 pm - Energy Circle & Migun TN
HTSM Evening Energy Circle**

Opportunity to bring friends, practice and experience energy work. Drop-ins and new people welcomed. Facilitated by Margaret Leslie.

May 18, Monday 6-9 on - Energy Healing Circle @ Migun TN

For complete information & listings call Teresa @ 865 671 0038
www.MigunTN.com

Editorial Comments

Connie's Corner

I guess I should introduce myself. I am the new newsletter editor for Healing Touch Tennessee. I hope you like our new layout and look. First, I want to thank Mary Ann Geoffrey for coming to my house and helping out on this new adventure. She made the process a lot of fun! Thanks Mary Ann.

The 2009 remaining newsletters will be published June, Sept. & Dec 1st. Deadlines for articles or information to be submitted for the newsletter should be sent to me by May, August & November 1st.

Thanks to all who submitted articles for this newsletter. Everyone sent in their articles in a timely manner, and for that I thank you.

Suggestion for future articles can include:

- Research articles
- Humorous things that happened during your journey with Healing Touch
- Touching stories or quotes that have special meaning
- Schedule of events pertinent to HTET

Connie's Comments & Words of Wisdom

I have a tendency to get bogged down in the detail and forget the big picture. This story explains this perfectly. The Lone Ranger and Tonto went camping in the desert. After they got their tent all set up, both men fell sound asleep. Some hours later, Tonto wakes the Lone Ranger and says, "Kemosabe, look towards the sky; what do you see?" The Lone Ranger replies, "I see millions of stars." "What does that tell you?" asked Tonto. The Lone Ranger ponders for a minute then says, "Astronomically speaking, it tells me there are millions of Galaxies. Time wise, it appears to be approximately a quarter past three in the morning. Theologically, the Lord is all powerful, and we are small and insignificant. Meteorologically, it seems we will have a beautiful day tomorrow. What does that tell you, Tonto?" Then Tonto replies, "You are dumber than buffalo doo-doo. Someone stole the tent!"

On a more serious note; I came across this quote about two months ago. It struck a chord with me so I saved it. "Sentio Ergo Sum;" it means "Walk into the Feeling". This quote caused me to think about just what I did do with my feelings. Well, sometimes I deny them, stuff them, tell myself that I shouldn't feel that way, etc. However, when I walk through them, I experience them fully. Also, since I experience chronic pain, I now tell myself to "Walk through the Pain." I does wonders. Try it!

Thank you for allowing me to experience this adventure. And remember; keep a lookout for your tent.

HTET Membership Survey

Thanks to the efforts of Joyce Beckley in February of 2008, HTET members completed a survey to provide information regarding their HT or HTSM practices, needs and satisfaction with HTET. At the time of the survey, there were 18 active members with 13 responding to the survey, Members indicated:

- Networking & meetings were important
- Members helped at community events
- Certification & education important
- Money an issue with continued education
- HT practice includes both paying & non-paying
- Members did not attend HT practice sessions due to time issues
- Overall satisfied with accomplishments of HTET organization

The survey results were useful in pointing HTET in a direction more helpful to members. However, survey data was limited due to a response level of 72%.

You can receive a copy of the complete survey results by contacting Joyce @

jbeckley@wildblue.net

WEBSITE

HTET www.HEALINGTOUCHETN.ORG

Review the website and send your information changes/updates to Becky @
Becky.rhines@unisys.com

Volunteer Corner 2009

Woman Today Expo @ Knoxville Convention Center
March 13, 14, & 15

Help with HT demonstrations and hand out information. Volunteer for a few hours or longer.

Friday March 13 and Saturday March 14: 9am-6pm.
Sunday March 15 from 12 noon-6pm.

Call Linda Sharp @ 865-660-4832 or
Margaret Leslie @ 865-607-0173; margaret_leslie@hotmail.com.

Much appreciation to Teresa Lamb from Migun TN who graciously invited HTET to share her display space. This is an amazing opportunity for volunteers who desire more community exposure

Volunteer Corner continued

Earth Fest at Pellissippi State Technical College
Saturday April 18, 10 am - 6 pm

Chairperson is needed to help coordinate the event.
Volunteers needed for H.T. demonstrations. Excellent opportunity to educate the community and share your H.T. practice information .Please contact Mary Ann Geoffrey @ 865 567 5634 or thdtenn@charter.net.

Snack Volunteer Needed for April, June, August & October Membership Meetings.
Choose one or more meetings

Help provide mini snacks. Budget included. Fun duties include: Provide bottled water, snacks such as crackers/cheese/hummus munchy foods. Arrive at 5:30 pm at the meeting room to help set up. Contact Mary Ann Geoffrey @ 865 567 5634 or thdtenn@charter.net

Interested in Learning?

Intuitive & Dream Workshop
Jubilee Community Church, Asheville. N.C.

Presenter: Rev. Carol E. Parrish, Contemporary Esoteric Mystic

Rev. Parrish is founder of Sancta Sophia Seminary in Oklahoma and is recognized as a master teacher and intuitive. Carol's vision has inspired many on their spiritual quest.

Changing Ages Creates Crises; Seek Healthy Responses

March 26, Thursday 7-9pm \$10

Developing your Intuition: Guidance-Personality & Soul

March 27, Friday 10am-3 pm \$35

The Interlocking Relationship between Meditation, Dreams & Intuition

March 28, Saturday 10am -3pm \$35

Take all workshops for only \$65

Register: Call 828 777 0856

KatherineBlackburn@blackburn.katherine@gmail.com

\$65 check payable to Sancta Sophia Seminary

**Send to: Katherine Blackburn, 31 West Oak Drive
Asheville, NC 28804**

Note: Mary Ann Geoffrey is driving from TN to Asheville, leaving Thursday, March 26 @ 12 noon and returning to TN. after the Saturday workshop. For space availability in car, Call Mary Ann @ 865 567 5634, Make your hotel reservation @ Holiday Inn on Tunnel Rd, 800 238 5544 \$81 per room plus tax/double occupancy
AAA /AARP rate

Healing Touch Program & Healing Touch Spiritual Ministry

See the February 2008 issue of [Energy Magazine](#) for the story of how **Healing Touch Spiritual Ministry** evolved from **Healing Touch Program**.

To subscribe to the free online monthly publication [Energy Magazine](#) from the **Healing Touch Program**, see www.HealingTouchProgram.com.

To register for classes contact: Margaret Leslie @ 865 397 0113 margaret_leslie@hotmail.com

The Institute of Spiritual Healing & Aromatherapy programs: Healing Touch Spiritual Ministry & Certification in Clinical Aromatherapy

[See www.ISHAhealing.com for newly added classes, more detail, & costs in 2009. You may now register ONLINE for HTSM and CCA courses!]

Note: 101, 102 or 103 may be taken out of sequence.

2009 HTSM Basic Program in Knoxville area

- HTSM 101
▶ February 7; July 13; Sept 21, 2009 Kate Petree
- HTSM 102 (one-day Anointing workshop)
▶ February 8; July 27; Sept 28, 2009 Kate Petree
- HTSM 103 (2 day class)
▶ March 21-22, 2009; Nov. 15-16, 2009 Margaret Leslie
- HTSM 104 (2 day class)
▶ August 29-30, 2009 Margaret Leslie
- HTSM 105 (3 day class)
▶ October 9-11, 2009 Mary Frost

2009 HTSM Basic Program in Jacksboro, TN

- HTSM 101
▶ February 28, 2009 Kate Petree
- HTSM 102 (one-day Anointing workshop)
▶ March 1, 2009 Kate Petree

2009 HTSM Basic Program in Corbin, KY area

- HTSM 101
▶ March 21, 2009 Kate Petree
- HTSM 102 (one-day Anointing workshop)
▶ March 22, 2009 Kate Petree
- HTSM 103 (2 day class)
▶ April 18-19, 2009 Margaret Leslie

2009 HTSM Basic Program in Raleigh, NC area

- HTSM 103
▶ February 20-21, 2009 Margaret Leslie
- HTSM 104
▶ March 27-28, 2009 Margaret Leslie

2009 CCA in Knoxville

- CCA 301 (2 ½ day class)
▶ April 24-26, 2009 Pat Springer
- CCA 302 (3 day class)
▶ June 19-21, 2009 Linda Smith
- 6
- HTSM 502 (3 hour class on Oils with Oncology Population)
▶ October 15 (evening), 2009 Deb Reis
- CCA 303 (2 ½ day class)
▶ October 16 (evening), 17, & 18, 2009 Deb Reis
- HTSM 503 Raindrop Class (8hr)
▶ Feb 1 & April 27, June 22, Oct 19, 2009 Kate Petree

2010 HTSM Advanced Program in Knoxville

[Make reservations through ISHA office @303-467-7829]

- HTSM 201 (Review Day)
HTSM 202 (Part 1 of the Advanced Program)
▶ January 21-24, 2010 Deb Reis
- HTSM 203 (Part 2 and final course of the Advanced Program)
▶ January 21-24, 2010 Claramae Weber

See *The Institute of Spiritual Healing and Aromatherapy* at www.ISHAhealing.com for additional information on Healing Touch Spiritual Ministry (HTSM) and the new Certification in Clinical Aromatherapy (CCA).

Register online at www.ISHAhealing.com to receive *The ISHA Newsletter* providing the latest email news from the Institute.

Healing Touch Program

[See www.HealingTouchProgram.com for newly added classes, more detail, & costs in 2009.]

2009 HT Level I in East Tennessee

- ▶ TBA, 2009 (Knoxville) Mary Ann Geoffrey
▶ November 7-8, 2009 TBA

2009 HT Level II in East Tennessee

- ▶ Spring, 2009 (Loudon) Mary Ann Geoffrey

See www.HealingTouchProgram.com for more information on **Healing Touch Program** classes, activities & education.

To join the **Healing Touch East Tennessee (HTET)** professional and educational organization [meeting in Knoxville bi-monthly] CONTACT:

Joyce Beckley at 423-638-3612 or Jbeckley@wildblue.net.

See www.HealingTouchETN.org.

For **Healing Touch Program** as well as **Healing Touch Spiritual Ministry** we have presentations with demonstrations and Q & A opportunities which we will customize for any group.

Classes can also be arranged to suit the needs of your group.

NOTE: Continuing Education Contact Hours are given to RN's and LMT's for all classes in both the HTP and ISHA programs. Chaplains can also receive Continuing Education Contact Hours for ISHA classes.

revised 2/06/2009

