

HTET

Healing Touch East Tennessee



Volume 4 Issue 2

June 2009

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Membership Corner

Membership Chair, Joyce Beckley

The Board recognizes that many people are struggling financially due to the ripple effect of the economic downturn or other life events. Whether or not you are a due paying member we know you are heartfully connected to the organization and hope you stay involved. We are looking forward to seeing you at all the functions. It is a good way to feel connected and supported by our community.

Don't forget HTET welcomes friends, family and other guests to our meetings with no obligation to become a member of our organization.

Membership fees allow us to help and educate the local community about Healing Touch and Healing Touch Spiritual Ministry. We appreciate your support whether financially or in involvement with the organization. Volunteers work very hard to help educate the community about Healing Touch.

Healing Touch Spiritual Ministry Classes

A complete listing of classes is included in this newsletter.

Healing Touch Classes in the Knoxville Area

Level 1 Instructor: Margaret Leslie, HTCP/I,
HTSM/CP/I,CCA,LMT

Date: June 13-14, 2009

Time: 9 a.m. to 6 p.m.

Tuition: \$333 including \$30 Level 1 notebook
(\$25 discount for early registration)

16 Continuing Education Hours

Contact: Margaret Leslie 865 - 607 0173 or
Margaret_Leslie@hotmail.com

Level 1, 2 & 3, November 7 & 8, 2009 Knoxville TN.

Instructors to be announced

If you are interested in the November Level 1, 2 or 3

Mark your calendar. Call Margaret Leslie.

More complete information will follow at a later date.

HT Self Care Class

Submitted by Connie Williams

I had the opportunity to attend Barbara Starke's Class on May 30th. The class was designed so that it was available to anyone; not just the Healing Touch Community.

I was very lucky in that two of my friends were able to attend. Neither of whom was familiar with Healing Touch.

At the end of an enjoyable day I asked them what they thought of the class. They both agreed that the class had been helpful. They appreciated the fact that the class included the theory behind HT as well as self care techniques. The affirmations were also a big hit! Barbara had the affirmations on a large roll of plastic that she displayed on the floor. We were asked to read them and choose one that resonated with us.

One of my picks "You can do things as many times as you need to"; resonated because I related it to my chronic fatigue. It reminded me that it is OK to stop and rest as many times as I need to.

Because I have a background in Child Development I was struck by Barbara's statement that she puts one of the affirmations in her child's backpack. What a great idea!

I received an email from Barbara after the class. She complimented us on our sense of community and caring relationships that we had with each other. Part of that was due to Barbara herself in the casual, comfortable way she taught the class.

I sincerely hope that she will be able to return in the near future.

CALENDER OF EVENTS

2009 HTET Membership Meetings Thursdays 6-8pm

Location: Church of the Good Samaritan 425 N. Cedar Bluff Road Knoxville, TN 37912
Bring an interested friend *Light Snacks Served*

Meeting Format: 6-6:30 Member info/updates/sharing
6:30 - 7:45 Guest Presenter
7:45 - 8:00 Energy Healing experience

Meetings are open to members and interested others - Thursdays 6 - 8 pm

You do not have to be a member of HTET to attend the meetings. Please join us for these informative presentations. Learn while meeting new friends.

- June 25** **Law of Attraction - Creating Your Reality**
Guest Presenter: **Betty Jones** *Read about Betty Jones in this issue*
- August 27** **Heart Math Biofeedback**
Guest Presenter: **Suzanne Jonas, Ed.D** *Read about Dr. Jonas and Heart Math in this issue*
- October 29** **Healing Stories, Sharing, Updates, Moving HTET forward, Energy Work**
Bring your healing stories and ideas to share with group.
- Dec. 3** **Holiday Party, Election of New Officers, FunD Raiser**
Meeting held at the Oasis Center on Kingston Pike in Knoxville
- Sept. 12** **SPA Day 11 a.m. until evening - mark your calendar**
A day of relaxation, friendship, healing, fun, swim/boating.
Held at home of Mary Ann Geoffrey 216 Kiowa Point Loudon, TN 37774
Bring a dish for sharing.
Plan to give and/or receive Healing Touch. To benefit the HTET organization a voluntary \$5 contribution per HT treatment received can be donated to HTET.
Note: More information about Spa Day will be sent at a later date.

HTET Board Meetings

July to be determined, September 24th

Dr. George Webber - guest presenter April 30, 2009 meeting

Dr. Webber gave an enthusiastic and excellent presentation on Quantum Touch and Healing Touch. His uplifting style of presenting held the interest of the entire group as he shared information relating to the benefits of integrative and holistic health care. He included discussion about the value of energy work as an adjunct to health care. Several participants expressed interest in learning more about Quantum Touch,

Quantum Touch: Instructor: Dr. George Webber, June 13-14, 2009 9:30 a.m. - 5:30 p.m. each day
Cost: \$345 or \$295 2 weeks prior early registration. Dr. Webber will honor lower price as this notification is late.
Location of Workshop: Knoxville Comprehensive Breast Center 6307 Lonas Drive, Knoxville, TN
Registration: Call Lora Miller RN @ 865-583-2932 or e-mail Dr. Webber @ gwebber@tds.net

Upcoming Keynote Speakers

Betty Jones – June 25, Law of Attraction

Betty Jones, our keynote speaker for the June 26th meeting is a Certified Law of Attraction Facilitator. Below is interesting information in her own words about who she and what she does.

I am All That I AM. I am registered nurse, healer, teacher, and consultant. I have a BSN in Nursing from University of TN and a MSN from Emory University. I have a 38 year career in health care, where I served as Nurse and Senior Healthcare Analyst to the US Army Surgeon General and Secretary of Defense. After retiring from the US Army, I was the President of an e - Health Company and of Wellspring Resource Center, a non-profit that works to integrate traditional and complimentary medicine. Through my current company, Rich Mountain Wellness, I share tools to help people free themselves from physical and financial pain.

I have studied the Law of Attraction for 10 years and have become a Certified Law of Attraction Facilitator, trained and certified by world-renowned author of The Law of Attraction and trainer, Michael Losier.

In my presentation you will learn the 3 Step formula and practical tools for applying the Law of Attraction in your life, your practice and with your patients right now.

I have found that The Law of Attraction's 3 Step formula is the simplest and most straightforward program I have encountered. I have received consistent positive feedback concerning how easy this program is to learn and implement.

Suzanne Jonas Ed.D – August 27, Heart Math

Suzanne Jonas Ed.D, our keynote speaker for the August 27th meeting is Founder and Director of Inner Harmony Center and Founder and Director, of the Sound Healing Certificate Program.

Suzanne's mission "is to assist all who come here in finding their own Inner Harmony." She provides services which include sound therapy, EFT, music therapy, and biofeedback.

I invite you too take a look at some of the things that Suzanne has to offer. Her Web Site is:

www.innerharmonyhealthcenter.com.

You will be serenaded with beautiful music while perusing the site. I was particularly interested in the Sound Day Spa, opening your high heart chakra with sound and music. The Spa runs from 10am until 4pm in a peaceful outdoor setting. Check the calendar tab for more information.

Dr. Jonas has a B.S. in Music Education, M.A. Clothing and Textiles, Ed.D Counseling Psychology and Creative Therapies. She is also an accomplished musician, author, "Take Two CD's and Call Me in the Morning", trainer, speaker and workshop leader. Her practice is in the Ardis Healing Center, located at:

Blount Medical Complex
1131 E. Lamar Alexander Pkwy
Maryville, TN 37804
865-980-0137 or 865-681-4111

For information on her next workshop, -Life Lessons and Soul Purpose starting June 13th go to her web site

What is Heartmath by Connie Williams

I was fascinated by the subject so I got on the Web and here is what I discovered.

HeartMath is the name of a very interesting kind of biofeedback. Think about learning to manage the time between heart beats, using a computer program, in about five to ten practices, and then being able to cue a very **pleasant relaxation response** when ever you want. (Remember, you have learned it, and no longer need the computer. Your cue thought will trigger the response)!

Using the **HeartMath** tools is a way to get around doubts and concerns and to teach how fast thoughts impact physiology (about 1/18th second), and how subtle the influence of thought on physiology is. By increasing awareness, you are able to make quicker choices, some of which may involve more peaceful conflict resolution styles.

The HeartMath applications have worked extensively with the heart's own brain. The heart has intelligence, (its own nervous system, which regulates its own beat). That intelligence is affiliative and cooperative. You can learn to utilize that intelligence to solve problems cooperatively and affiliatively.

In fact, the heart has more impact on the brain emotionally than the brain does on the heart. Because of both electromagnetic energy created from the heart's contractions and the heart's pneumatic impact from pumping blood, the heart impacts every neuron every time it beats.

To use a musical analogy, if you can get your heart to beat coherently (time between beats is consistent), then every cell in your body dances at that frequency, like a symphony orchestra playing exquisitely. You can cue this physiology anytime you want, no matter what is happening in the external world. So the internal world, your chemistry inside your body, can be healthy and relaxed at any given moment, if you so desire to practice your Heartmath skills. Or you can make that same chemistry one of adrenalin and cortisol, which ages you a little faster than you need to age.

Attend the August Workshop and learn from the Heart Math expert, Dr. Suzanne Jonas.

Healing Touch Workshops in Georgia

Check out these workshops in our neighboring state. Tell your Georgia friends or perhaps one of these will fit into your schedule.

Atlanta workshops contact:

Instructor: Ines Hoster, MS, HTCP/I, CHT for registration & related questions at 404-257-1843
Or e-mail: ihenergy@comcast.net

Atlanta, Georgia 2009 Workshops

HT 1 June 13-14, 2009
HT Presenter's Workshop June 27, 9.30-6.30, 2009
HT 1 July 11-12, 2009
HT 2 July 25-26, 2009
Energetic Transformations July 18-19, 2009
with Kathy Sinnett, \$325
HT 1 August 22-23, 2009
HT 2 September 12-13, 2009
HT 3 September 26-27, 2009
HT 1 October 3-4, 2009
HT 2 November 14-15, 2009
Anatomy for Healers with Sue Hovland Nov.19-22: 2009
HT 1 December 5-6 2009
HT 2 January 9-10, 2010
HT 3 January 30-31, 2010
HT 1 February 6-7, 2010
HT 4 and HT 5 in Feb. 2010 TBA
AP2 in Feb. 2010 TBA

Did you know? Inez Hoster has translated Healing Touch books into the German language and travels abroad to Germany to teach Healing Touch.

Augusta, Georgia Workshops

Instructor: Jane Hightower BA, HTCP/I, DALFH/I
Level 1: Jul 18-19
Level 2: Aug 29-30
Level 3: Oct 10-11

9:00 AM - 7:00 PM Saturday
9:00 AM - 5:00 PM Sunday

Location - 473 Creekwalk Circle, Martinez, GA 30907
Tuition \$333, Month early \$308, Materials fee \$25, Retake \$225

Augusta Series of 3 tuition: \$849 (savings of \$150) Materials still \$25 per class.

Register: Contact: Jane Hightower
706 - 830 1959

E-mail jane @ Janehightower@comcast.net

Increase your Chi Energy

Starting Saturday July 18th - 8:30 - 9:30 a.m. Tai Chi Class with Bill & Linda Pickett

Location: Farragut Farmers market in the Renaissance Center - 2nd Level parking lot just behind Websters. (Weather permitting) Park in 2nd level or take the stairs at the back of the outdoor eating area between Seasons & Websters

Bill & Linda will be teaching a 7 week beginner's course in a special tai chi set that has 18 moves - it is also called Shibashi. If you want to Google to find out more info you can search for '18 Form Tai Chi Qigong' or 'Shibashi'. This is a very popular Tai Chi set practiced worldwide and a great form for beginners as well as a good addition for anyone experienced in other forms of Tai Chi. All 18 moves can be done seated or standing and is very suitable for all age groups. **This particular class will be beneficial as an introduction or preview to the art of Tai Chi if only a few classes can be attended.**

The first class will be free and each class after that will be \$10 per person.

Wear comfy shoes and clothes suitable for stretching.
For questions or RSVP call: Bill @ 865-567-4837 or Linda @ 865-414-7334

Earth Fest – Pellissippi State – April 18

Kate Petree, Carol Gardner, Lisa Johnson & Linda Sharp participated in this event. The community benefited and reported feeling better after the "Scudder" technique was utilized to promote relaxation. Several participants expressed interest about classes and the use of Healing Touch.

The above volunteers have donated countless hours in service to the community. They are appreciated for their dedication. Next time you see them at a meeting, be sure to thank them for all their volunteer work.

Woman's Expo –May 2, 2009

Lisa Johnson, Edee Webb & Mary Ann Geoffrey hosted a table at Woman's Expo sponsored by the Monroe County Chamber of Commerce. Healing Touch demonstrations resulted in many feeling better and experiencing pain relief, This is the real blessing of doing this work. Educating the community by passing out informative literature is important but getting thanks for pain relief put a smile on our face.

Most fun was the interaction with the community. The Monroe Chamber of Commerce folks are to be complimented for their successful day. They were most gracious and helpful to all participants. Connecting the community to those who provide services is a valuable benefit to all.

Note: HTET members – Help out at the next health fair. It is an awesome opportunity to meet community friends and give them the chance to meet you. It's a wonderful way to spend the day, Join in! Be an active member of HTET.

Member Highlights

Certification News-Congratulations

Linda Sharp, HTSM-CP, completed the requirements for certification as a practitioner of Healing Touch Spiritual Ministry. She is the first person in our area to complete the program under the new criteria! She was mentored by Margaret Leslie (who thinks she did a fantastic job—and is sooo deserving) and Claramae Webber in California.

Linda has been a cornerstone to the HTET organization, serving as Vice-President for two terms. Read the responsibility of vice-president information listed below to find out why Linda has been a very busy person.

In addition, her dedication and willingness to work at health fairs has contributed much to the spread of the work in the area. She is an extremely talented healer both with people and animals!

If you need something done, ask a busy person. Linda is known for giving a "helping hand" to many. In addition to all her volunteer work, Linda dedicates her time to helpful service work by being a primary care giver for her mother. She is truly a blessing to many. Answering the call to "service work" is not always an easy task. Much appreciation is extended to Linda for her contribution in making the "world a better place".

Linda has graciously presided over several HTET and Board meetings in the absence of the president.

And by the way! Have you seen Linda's garden? It is awesome! A great deal of talent in one person.

Responsibilities of the Vice President - as listed in the By Laws

Section B - Vice President

The Vice-President of HTET shall have responsibilities including but not limited to the following:

1. Presides at meetings in the absence of the President.
2. Obtains nominations for Board positions and presents them to the Board.
3. Formulates and presents proposed modifications in By-laws.
4. Plans and chairs the Budget Committee.
5. Prepares a ballot with the approval of the Board and conducts elections announcing the results at the General Meeting.
6. Carries out such duties as may be mutually agreed upon by the President and Vice-President.
7. Contacts and thanks nominees for their willingness to stand for election to a Board position.
8. Contacts and congratulates the winners of the election.

Sharing Resources

Many of us continue our personal development by utilizing common resources like books, video/audio, lectures/workshops, etc. We thought it might be helpful to share information about resources that have helped you, and therefore might help others.

We would love to have any member or friend of HTET submit a brief write-up about an important resource to you for possible use in our newsletter. Joyce Beckley has submitted the first such article which you can find below under "Development Resources".

We hope to get enough contributions from you to run this regularly in our newsletter. In this way, we can all feel supported within our community network as we continue to find the pathway to our own peaceful, loving hearts.

Development Resources - Cheri Huber Submitted by Joyce Beckley

Every year I comb over my catalogue from the Omega Institute (www.eomega.org) and drool over the amazing variety of quality workshops they offer. I dreamed of going this year knowing deep down that reality dictates otherwise BUT, I thought...maybe I can create my own workshop (of sorts)!

After narrowing down my workshop interest list, I went on line to find out more about the presenters, and that is how I found Cheri Huber. She sounded like what I was looking for...so, I ordered three of her books to create my own focused workshop!

What I am looking for is to find peace and joy in everyday life. I feel I am missing the point of life. I often hurry from one thing to the next, resent when things don't "go my way" (which they mostly don't) and my self-esteem suffers from how I feel about myself. I know change will be slow but what I am doing now is not working.

Cheri Huber has been a student and teacher in the Soto Zen tradition for over 30 years. Her books are so clear, simple and sprinkled with humor that I am able to grasp these huge issues and begin to take bite size pieces. Her teaching is that there is nothing wrong with us as our core essence (the being who is watching us think and act) is pure love. We have mistakenly accepted the voices in our heads as who we are. These voices are actually our "conditioned mind" that we are taught to have when very young. We are much more than this.

She explains how having compassion for our own selves and our condition is the key to gently bringing our core essence forward. This self-compassion also naturally builds compassion for others as we come to recognize that all sentient beings have the same deep struggle with ego which keeps us from peace and happiness. Her books There is Nothing Wrong with You and How to Get from Where You Are to Where You Want to Be presents the concepts. (The books do repeat the message but I found that helpful).

Cheri not only explains all this extremely well, she offers a process for beginning to reveal the distinction from the conditioned mind and core essence. This is especially true in Making a Change for Good (A Guide to Compassionate Self-Discipline) where she lays out a 30 day "Guided Retreat".

Development Resources Continued

I have just begun my journey anew as I now am so very aware of my "self-talk". I am listening to what I am saying to myself and am slowly learning to let that go, and open to a deeper wisdom. This will be a life-long process, but I am grateful that I have direction that makes sense to me, and I know is what I need.

You can find out more about Cheri Huber at cherihuber.com and livingcompassion.org.

Something Lighthearted of Spirit

Submitted by Mary Ann Geoffrey

I recently met Karen Heil, a delightful Level 5 Healing Touch Program student, who is a free lance designer & "Yoga Instructor". Her creation of "Lady Guru inspirational cards" is delightful. She believes there lives a Lady Guru in ALL women. Her passion is to reach those women with positive affirmations that help throughout their hectic life. She reminds us to listen to the "Guru" that innate teacher in all us.

Click on her website; Lady Guru.com to find more information about how to order this delightful set of cards related to yoga poses, inspiring uplifting affirmations - 7 cards in 7 chakra corresponding suites. They are delightfully fun and the inspirational messages and pictures are sure to "cheer you up" on a gloomy day.

Note: I wanted to share this information for the following reason. Many of us receive creative inspirational ideas and these ideas seem to "get lost in space".

Karen received a creative inspiration "aha" of a brilliant idea through the crown chakra and downloaded the "aha" to the 6th chakra - and intuitively knowing the idea was good, began to give her idea voice expression 5th chakra, loved the idea 4th chakra, gave it mind and personal power 3rd chakra, birthed the idea with artistic expression 2nd chakra, and planted her creation idea firmly on earth plane.

Check it out "dude". Do I sound like I watched too much American Idol? Karen is my "inspirational idol." I feel she deserves a "round of applause".

Connie's Comments

Thank you for the opportunity to have been a participant as the Secretary and Newsletter Editor of Healing Touch. I have truly enjoyed this opportunity.

However, because of my continuing health problems I have to announce my resignation as Secretary and Newsletter Editor.

I will be more than happy to mentor the next Newsletter Editor and Secretary, and provide any help that is needed. I have researched "Humor" for the next newsletter and will also pass that information along.

I will continue to be a member of Healing Touch, and will contribute to the newsletter from time to time.

As far as **Connie's Wisdom** is concerned I have chosen to share my process in coming to the decision to resign as Newsletter Editor and Secretary.

I have an internal voice (which I think is in all of us) that I can only hear when I am in an "Embodied" state. In other words calm, peaceful and serene. When I accepted the position of Secretary and Newsletter my internal voice expressed concern because of my health challenges. I chose, obviously to ignore my inner wisdom.

For the past couple of months I have been struggling with having the energy to get to doctor's appointments, physical therapy, etc. I have been unable to keep up. Still, I didn't listen to my body and forged ahead. I discussed these issues with my doctors and physical therapists. Their opinion was for me to slow down. I absolutely did not want to hear that; so I kept forging ahead. Finally, I realized that I had to do "Self Care" (Barbara Starke's class on Self Care", made it very clear that I needed to slow down. Thank you, Barbara.) even though that is an enormous challenge for me. So: after a great deal of introspection on my part and with deep regret and sadness, I am resigning this position.

I'll bet this process is a familiar one to many of you when faced with difficult decisions. I was in denial because in my heart I wanted to continue. However my decision finally became obvious to me. I was forced to face "putting my health first

I plan to continue the process of becoming a Certified Healing Touch Practitioner. For now, that is my main goal.

The 2009 remaining newsletters will be published Sept. & Dec 1st. Deadlines for articles or information are to be submitted for the next newsletter by August 7th & November 7th. Information will be sent by e-mail regarding submission of future articles.

Thanks to all who submitted articles for this newsletter. Everyone sent in their articles in a timely manner, and for that I thank you.

Suggestion for future articles can include:

- Humorous things that happened during your journey with Healing Touch
- Touching stories or quotes that have special meaning
- Schedule of events pertinent to HTET

Please consider volunteering as the next Secretary and/or Newsletter Editor. Remember, it will be my pleasure to support and help you in any way I can.

Call me @ 865 494 5180 and I will be happy to answer questions about the joys and challenges of these positions.

If and When you decide to volunteer:

Contact: Mary Ann Geoffrey 865 - 567 5634 or
Linda Sharp 865 - 660 4832

Healing Touch Program & Healing Touch Spiritual Ministry

See the February 2008 issue of Energy Magazine for the story of how **Healing Touch Spiritual Ministry** evolved from **Healing Touch Program**.

To subscribe to the free online monthly publication Energy Magazine from the **Healing Touch Program**, see www.HealingTouchProgram.com.

The Institute of Spiritual Healing & Aromatherapy programs: Healing Touch Spiritual Ministry & Certification in Clinical Aromatherapy

[See www.ISHAhealing.com for newly added classes, more detail, & costs in 2009. You may now register ONLINE for HTSM and CCA courses!]

Note: 101, 102 or 103 may be taken out of sequence.

2009 HTSM Basic Program in Knoxville area

HTSM 101

► July 13; Sept 21, 2009 Kate Petree

HTSM 102 (one-day Anointing workshop)

► July 27; Sept 28, 2009 Kate Petree

HTSM 103 (2 day class)

► Nov. 15-16, 2009 Margaret Leslie

HTSM 104 (2 day class)

► August 29-30, 2009 Margaret Leslie

HTSM 105 (3 day class)

► October 9-11, 2009 Mary Frost

2009 HTSM Basic Program in Jacksboro, TN

HTSM 102 (one-day Anointing workshop)

► May 9, 2009 Kate Petree

2009 HTSM Basic Program in Old Fort, NC

HTSM 103

► TBA Margaret Leslie

2009 CCA in Knoxville

CCA 302 (3 day class)

► June 19-21, 2009 Linda Smith

HTSM 502 (3 hour class on Oils with Oncology Population)

► October 15 (evening), 2009 Deb Reis

CCA 303 (2 ½ day class)

► October 16 (evening), 17, & 18, 2009 Deb Reis

HTSM 503 Raindrop Class (8hr)

► April 27, June 22, Oct 19, 2009(Migun) Kate Petree

► June 6, 2009 (TSTM) Kate Petree

2009 CCA in Chattanooga

CCA 301 (2 ½ day class)

► May 29-31, 2009 Deb Reis

HTSM 502 (3 hour class on Oils with Oncology Population)

► May 29, 2009 (1-4pm) Deb Reis

2010 HTSM Advanced Program in Knoxville

[Make reservations through ISHA office @303-467-7829]

HTSM 201 (Review Day)

HTSM 202 (Part 1 of the Advanced Program)

► January 21-24, 2010 Deb Reis

HTSM 203 (Part 2 and final course of the Advanced Program)

► January 21-24, 2010 Claramae Weber

See *The Institute of Spiritual Healing and Aromatherapy* at www.ISHAhealing.com for additional information on Healing Touch Spiritual Ministry (HTSM) and the new Certification in Clinical Aromatherapy (CCA).

Register online at www.ISHAhealing.com to receive *The ISHA Newsletter* providing the latest email news from the Institute.

Healing Touch Program

[See www.HealingTouchProgram.com for newly added classes, more detail, & costs in 2009.]

2009 HT Level I in East Tennessee

► June 13-14 (TSTM)

Margaret Leslie

► November 7-8, 2009

TBA

2009 HT Level II in East Tennessee

► November 7-8, 2009

TBA

2009 HT Level III in East Tennessee

► November 7-8, 2009

TBA

See www.HealingTouchProgram.com for more information on **Healing Touch Program** classes, activities & education.

To join the **Healing Touch East Tennessee (HTET)** professional and educational organization [meeting in Knoxville bi-monthly] CONTACT:

Joyce Beckley at 423-638-3612 or Jbeckley@wildblue.net.

See www.HealingTouchETN.org.

For **Healing Touch Program** as well as **Healing Touch Spiritual Ministry** we have presentations with demonstrations and Q & A opportunities which we will customize for any group.

Classes can also be arranged to suit the needs of your group.

NOTE: Continuing Education Contact Hours are given to RN's and LMT's for all classes in both the HTP and ISHA programs. Chaplains can also receive Continuing Education Contact Hours for ISHA classes.

revised 5/11/2009

