

HTET

Healing Touch East Tennessee



Volume 4 Issue 4

December 2009

BOARD OF DIRECTORS

PRESIDENT-Mary Ann Geoffrey
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VICEPRESIDENT-Linda Sharp
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SECRETARY - Chriss Lackey
Chriss@emts4u.com

TREASURER-Marty Elmer
MartyLMR@aol.com

MEMBERSHIP-Joyce Beckley
jbeckley@wildblue.net

AT LARGE- Mellon Champion melloned@aol.com

Margaret Leslie Margaret_leslie@hotmail.com

Edee Webb eweb@charter.net

Becky Rhines- Becky.rhines@unisys.com

WEB SITE

www.HEALINGTOUCHETN.ORG

HISTORIAN-Margaret Lesch
margaret@ingoodhands.us

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Mary Ann Geoffrey, President

HTET 2007 - 2008

Two years have flown by since I accepted the office of President of HTET. As I said yes to this position, I knew there would be many times I would be absent during membership and board meetings. I am

grateful to Linda Sharp, Vice President for her co-leadership these past few years, and who graciously shared this responsibility.

As I reflect on the team effort of the past year, I wish to say thanks to:

- A dedicated board who shared in all responsibilities.
- HTET members who volunteered countless hours of time.
- Guest Presenters at meetings.

"It was a group effort that made things possible."

Membership meetings were well attended as we learned from dynamic presenters:

- Benefits of Self Employment - Karen Drobot
- Quantum Touch & Healing Touch - Dr. George Webber
- Law of Attraction - Betty Jones
- Heart Math Biofeedback - Dr. Suzanne Jonas

The October meeting provided an opportunity for members to share their stories in depth. It was a heartfelt meeting as each member held a candle while telling their personal journey with Healing Touch and "lighting up someone's life with Healing Touch". The meeting ended with everyone holding an illuminating candle, realizing as a group we made a brighter light and a broader impact on the community. Attendees reported that it was beneficial to get to know each other at a deeper level.

2008 classes moved forward in both Healing Touch & Healing Touch Spiritual Ministry.

The newsletter was hot off the press four times this year as promised to members.

The HTET website was updated.

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The system of membership communication & notifications was improved.

SPA Day - was a day of healing, food & fun which perked our spirits.

The Historian Book continues to be updated.

Certifications in HT and HTSM were accomplished

Health Fairs, educating the public about Healing Touch, providing Healing Touch at events and to those in need were provided by dedicated members.

I wish I had kept track of the countless hours dedicated members/ volunteers touched the heart of the community. I wanted to list each name, however, I was certain I would miss someone or reporting on a special event.

I want to say a very "heartfelt thanks" to each of you for reflecting the spirit of Healing Touch as each of you individually and we collectively through the HTET organization touched the lives of many.

Accomplishments were many and there is much on the "goal board" for 2010.

At the December 2009 holiday, fund raiser & election meeting, well qualified candidates for the 2010 year will be introduced as it is time to move forward with new leadership.

Wishing the Board of 2010 a healthy, successful and beneficial year.

Highlights

Election of new officers took place at the December 3, 2009 Membership Meeting & Holiday Party.

Welcome to the following new members on the HTET Board.

President, Teresa Lamb

Teresa Lamb, is proprietor and owner of Migun TN, a health and wellness center in Faragut, TN. Teresa's background in energy work comes through her studies in Healing Touch Spiritual Ministry, completing 5 levels. In addition she completed training in Aroma Therapy. Information about the Migun Center was featured in the March 2009 HTET newsletter.

New Board Members @ Large

The following have graciously agreed to serve in a Board Member @ large position.

Lynn Anderson, RN. Lynn is Healing Touch practitioner apprentice, currently working toward completing Level 5 and is in her apprenticeship period working toward completion of all criteria. Lynn is very interested in research studies. In addition she plans to become a Certified Practitioner. Lynn will be featured in the next issue of the newsletter.

Marcia Childress, RN recently attended a Level 4 Healing Touch workshop and will be working toward completing Level 5. Marcia who recently opened the Aspen Health and Healing Center in Oakridge, TN was featured in the Sept. 09 issue of the HTET newsletter. Marcia also agreed to serve as newsletter editor for 2010.

More about Marcia and her work will be included in the next newsletter.

Connie Williams, served as official newsletter editor for the first part of this year. Because of health issues Connie announced her resignation in June from the position. However, she continued to be unofficial newsletter editor for the last part of the year, helping to put out a top notch newsletter. Connie

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agreed to help coach Marcia Childress as Newsletter Editor for 2010. In addition, Connie graciously agreed to serve as a Board Member at large. Her story was featured in the March 2009 newsletter.

Officers who agreed to continue to serve:

Linda Sharp, Vice President
Secretary, Chriss Lackey
Treasurer, Marty Elmer
Membership, Joyce Beckley
Board Members @ Large
Margaret Leslie, Becky Rhines, Edee Webb, Mary Ann Geoffrey.
Margaret Lesch - Historian

Next issue of the newsletter will reflect the changes and contact information for the Board of Directors on the cover page of the newsletter.

A Great Big Thanks to Mellon Champion, Mellon resigned from the position of Board Member at Large. She served in the early years of the HTET organization as newsletter editor. Much appreciation to Mellon for the countless hours of dedicated service to the organization. We remember her burning the "midnight candle", getting the latest news to members. She will be missed as she was always willing to lend a helping hand.

Condolences to Linda Sharp, Linda's mother Elena Sharp passed away on November 27 after three years of failing health. She fell and broke her hip on Thanksgiving Day and her condition continued to worsen. Sincere condolences to Linda Sharp were offered by many from friends and members of the HTET organization. In addition, Linda was given an Angel Bear gift from HTET to help her remember that "she is loved and we care deeply".

A Thank You Message from Linda Sharp

I want to take the opportunity to thank everyone for all their blessings, greeting cards, prayers, good wishes and phone calls during this challenging and grieving time. It meant so much to me to know that so many cared and took the time to express their condolences and offers of help. I really loved the Angel Bear which touched my heart. Please remember me in the next several months as I go through the grieving process. Your prayers and caring thoughts mean so much to me.

Sincerely,
Linda

ORNL Health Day

ORNL Health Day October 22nd, 2009

Chriss Lackey

A sunny morning finds me driving up to the gate at Oak Ridge National Lab. I get a pass and am told to go to the Visitor Center. I pass beautiful ponds, walkways and tranquil woods. Finally, I come to some sign of civilization and try to find a parking spot. I drive round and round, up and down but no luck. I find the Visitor Center and go ask for guidance. People are everywhere! I am given my day badge and someone graciously guides me to a parking lot way back behind the Visitor Center.

The building where the event is being held is huge. I walk up to our exhibition area on the second floor. Different areas of the building feature different modalities. From nutrition to magnetic therapy, medical insurance and discount programs to chronic disease education programs (ie diabetes) to all different massage traditions and everything else one could imagine. People are everywhere and the halls

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and walkways are jammed with people. I walk up to our booth area and find Linda Sharp, Kate Petre, and Margaret Leslie explaining Healing Touch and doing demonstrations on visitors. 2500 visitors are expected to attend this day. Throughout the day, people filter in and out, curious about the options available to them in healthcare. We use Scudder techniques for the most part for the demos and converse with many of the visitors. Our information seems to be warmly received.

We continue to educate visitors until around 3:00pm when the number guests dwindle down. I help pack up the materials and we end the day. It is a great day for my first health fair especially being in the company of such wonderful and talented practitioners as Kate, Linda and Margaret.

Message from the "Un-Editor"

Happy Holiday's
Connie Williams

The Holiday's? Traditionally, the Holiday's have been a time of despair and crushing loneliness for me. I am pleased and happy to say today that is definitely not the case. This past year has been transformative for me in several ways. It has been a time of pain so severe I could hardly think; but at the same time I found friends from the Healing Touch Community who stuck by me no matter what.

When I accepted the position as Newsletter Editor for Healing Touch East Tennessee I had no idea what I was getting myself into. After two months of struggle I was ready to throw in the towel. If it hadn't been for the support of HTET'S President Mary Ann Geoffrey; I would have resigned. She jumped right in and said, "We can do this together." To be honest I was a bit dubious. But, We Did! Brenda Rasch, my Physical Therapist, Healing Touch Practitioner and most of all, my friend, believed in me when physically and emotionally I didn't think I could

make it one more hour, let alone one more day. Also my best friend for the past thirty years, my therapist among others supported me.

But most of all, my husband loved and cared for me when just getting out of bed was an ordeal. He bought groceries, cooked and cleaned. He never complained. He jumped right in and did what needed to be done,

To say that I am blessed would be an understatement. I no longer can say that loneliness is a part of my life. I am looking forward to the Holiday's with a renewed sense of gratitude to all who have been instrumental in my journey of recovery. I am a very lucky woman indeed.

A Warm Welcome to New Members

Rachel Deaton
Brian and Emily Jones
Jan Flint
Rose Marie Welchans

Wishing Everyone a Happy and

Prosperous New Year!

Healing Touch Program & Healing Touch Spiritual Ministry

See the February 2008 issue of *Energy Magazine* for the story of how **Healing Touch Spiritual Ministry** evolved from **Healing Touch Program**.

To subscribe to the free online monthly publication *Energy Magazine* from the **Healing Touch Program**, see www.HealingTouchProgram.com.

The Institute of Spiritual Healing & Aromatherapy programs: Healing Touch Spiritual Ministry & Certification in Clinical Aromatherapy

[See www.ISHAhealing.com for newly added classes, more detail, & costs in 2009. You may now register ONLINE for HTSM and CCA courses!]

Note: 101, 102 or 103 may be taken out of sequence.

2010 HTSM Basic Program in Knoxville area

HTSM 101 ▶ Feb 6, 2010	Kate Petree
HTSM 102 (one-day Anointing workshop) ▶ Feb 7, 2010	Kate Petree
HTSM 103 (2 day class) ▶ March 13-14, 2010	Margaret Leslie
HTSM 104 (2 day class) ▶ August 21-23, 2010	Margaret Leslie
HTSM 105 (3 day class) ▶ October 1-3, 2010	TBA

2010 CCA in Knoxville

CCA 301 (3 day class) ▶ March 19-21 2010	Pat Springer
CCA 302 (3 day class) ▶ June 11-13, 2010	Linda Smith
CCA 303 3 day class ▶ Oct 15-17, 2010	Deb Reis
HTSM 503 Raindrop Class (8hr) ▶ Feb 20, March 22, June 14, Oct 18, 2010	Kate Petree

2010 HTSM Advanced Program in Knoxville

[Make reservations through ISHA office @303-467-7829]

HTSM 201 (Review Day) ▶ January 21, 2010	Deb Reis & Claramae Webber
HTSM 202 (Part 1 of the Advanced Program) ▶ January 21-24, 2010	Deb Reis & Linda Smith
HTSM 203 (Part 2 and final course of the Advanced Program) ▶ January 21-24, 2010	Claramae Weber

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See *The Institute of Spiritual Healing and Aromatherapy* at [www.ISHAhealing.com](http://www.ISHAhealing.com) for additional information on Healing Touch Spiritual Ministry (HTSM) and the new Certification in Clinical Aromatherapy (CCA).  
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Register online at www.ISHAhealing.com to receive *The ISHA Newsletter* providing the latest email news from the Institute.
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## Healing Touch Program

[See [www.HealingTouchProgram.com](http://www.HealingTouchProgram.com) for newly added classes, more detail, & costs in 2010.]

### 2010 HT Level I in East Tennessee

|                        |                   |
|------------------------|-------------------|
| ▶ February 27-28, 2010 | Mary Ann Geoffrey |
| ▶ November 6-7, 2010   | Margaret Leslie   |

### 2010 HT Level II in East Tennessee

|       |          |
|-------|----------|
| ▶ TBA | Ann Boyd |
|-------|----------|

### 2009 HT Level III in East Tennessee

|                      |                   |
|----------------------|-------------------|
| ▶ November 6-7, 2010 | Mary Ann Geoffrey |
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See www.HealingTouchProgram.com for more information on **Healing Touch Program** classes, activities & education.
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To join the **Healing Touch East Tennessee (HTET)** professional and educational organization [meeting in Knoxville bi-monthly] CONTACT:

Joyce Beckley at 423-638-3612 or [Jbeckley@wildblue.net](mailto:Jbeckley@wildblue.net).

See [www.HealingTouchETN.org](http://www.HealingTouchETN.org).  
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For **Healing Touch Program** as well as **Healing Touch Spiritual Ministry** we have presentations with demonstrations and Q & A opportunities which we will customize for any group.

Classes can also be arranged to suit the needs of your group.
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**NOTE:** Continuing Education Contact Hours are given to RN's and LMT's for all classes in both the HTP and ISHA programs. Chaplains can also receive Continuing Education Contact Hours for classes.

*revised 12/1/2009*

FOR EVENT INFORMATION CONTACT: Margaret E. Leslie at

[Margaret.Leslie@hotmail.com](mailto:Margaret.Leslie@hotmail.com) (865-607-0173)

